

The Ludus Academy of Martial Arts – Schedule
(Call ahead to schedule your trial class)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			Warrior Fitness 10:00 AM			
					Warrior Fitness 11:00 AM	
	Kids' JKD/MMA (ages 6-9) 4:45 PM	Kids' JKD/MMA (ages 6-9) 5:15 PM			Japanese Jujutsu 12:00 PM	
Kids' JKD/MMA (ages 8-12) 6:00 PM	Kids' JKD/MMA (ages 8-12) 5:30 PM	Filipino Martial Arts 6:00 PM	Kids' JKD/MMA (ages 8-14) 5:30 PM	Kids' JKD/MMA (ages 8-12) 5:30 PM		
Warrior Fitness 7:00 PM	HEMA Sword Fighting 6:30 PM	Boxing & Western Weapons 7:00 PM	Adult/Teen Combo JKD/MMA 6:30 PM	HEMA Sword Fighting 6:30 PM		
Japanese Jujutsu 8:00 PM	Brazilian Jiu Jitsu 7:30 PM	Adult JKD/MMA Fundamentals 7:30 PM	Advanced JKD & Kali Weapons 7:30 PM	Wing Chun 7:30 PM		

609-678-4129... LudusMMA.org...
Schedule your FREE trial today!